

Keith Saltmarsh

I am currently coaching multiple teams in the Western Mass Junior Pioneers Soccer Club as well as the Women's team. My current positions are: U11 Boys Coach, U14 Girls Assistant coach, and the assistant coach and goalkeeper coach for the Western Mass Lady Pioneers of the USL. My past experience includes two years as the head coach of the Junior Pioneers U16 & U17 girl's sub-regional team playing in the Northeast League of Region 1 finishing highly in the league and State Cup both years. Co head coach of the U18 girls in the spring of 2009.

I am currently the Head Coach of Westfield High School Girls Varsity soccer team. My other high school experience includes five years as an assistant coach for the girl's varsity soccer team and two years as an assistant coach of the Boys varsity soccer team at Westfield High School.

I was the head coach of the West Region Girls Soccer team of the 2009 Bay State Games, high school scholastic division. My players proudly won the Gold Medal in July 2009. A fantastic experience bringing 20 players from several towns together in a short timeframe to compete at a high level and find success.

I have coached for several years as a local travel team coach for Westfield United and as a specialty coach training local goalkeepers for youth, travel, premier, and high school levels, including my goalkeeper camp for local players.

I have participated in the tryout process for age groups U9 thru high school varsity, including the Bay State girls' team, and the Lady Pioneers college level process. My duties involve development of the sessions to allow for equal and fair evaluation of all players, the tabulation of players' technical, tactical, physical, and psychological levels, and communications of results. I feel my direct involvement in the management processes of the team, players, parents, and clubs allows me the ability to best communicate to all. I have a focused interest in the administrative development of our sport. My positions held on Club Board of Directors (Junior Pioneers and Westfield United) has allowed me the opportunity to help move forward with my fellow colleagues' initiatives such as; coaching education, player evaluations through independent sources, development of coaching principles, and player development. My coaching experience at these levels has allowed me to take on and execute the responsibilities of the head coach and organizational policies and standards.

My participation in the sport and in the community is a reflection of what I feel is essential as an individual. *Integrity:* I strive to develop open and honest communications with the players and parents, which allows for valued relationships to build, trust to evolve, fairness to be understood, and a solid team environment to be achieved. I coach respect for the opponent, the referee, the fans, and the game on and off the field. *Provide guidance:* I feel by being a student of the game; attending seminars, coaching certification and licensing courses as well as reading coaching literature, and evaluating high level games, is essential for a coach that wishes to understand and train players to become the best in their sport. *Develop for Success:* I believe that each player must receive focused technical training. The technical aspects of the game must be continually reinforced and enhanced while developing the players' tactical awareness, physical abilities, and psychological understanding of the game. *Leadership:* I feel that I must be an example of what I expect my players to become. Accountability for one's actions is present in my style of coaching. I strive to enhance the players' character and develop a devoted and competitive player that will always strive to improve no matter what level they play.

As a coach, I accept the responsibility to support the players' development. My goal as a coach is to train players to acquire the skill set to play the game at the highest level, play with passion, love the game, be a good role model, and become leaders in our sport and in the community. The result of this approach is what I feel is a coaching style that allows the player to reach their goals and achieve success in their sport and in life.

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Playing Experience

- 30+ years of outdoor and indoor soccer
- Youth – since the age of 8 years old
- Travel and Select Club teams
- West Springfield High School 1980 - 1984
- 1984 Western New England College, NCAA Division 3, goalkeeper
- 1986 Springfield Technical Community College, Junior College, Center Midfielder
- 1980-present local adult outdoor and indoor leagues

Playing Highlights

- Youth Travel & Select Team championships
- 1981-1983 West Springfield High School Varsity Soccer
- 1982 Western Massachusetts Championship
- 1982 All Western Mass 1st team selection, goalkeeper, co-school record holder
- 1884-86 College Player Div 3 and Junior College
- Adult Indoor Premier

Coaching Experience

- Westfield High School Girls Varsity, Head Coach, 2009
- West Region Girls Soccer Bay State Games, Head Coach 2009 and formerly assistant
- Western Mass Junior Pioneers, 4 years, currently U11 Boys Head Coach & U14 Girls assistant coach
- Western Mass Lady Pioneers, USL, 3 years, Assistant coach & goalkeeper coach
- Westfield High School Boys and Girls Varsity, seven years, Assistant coach & goalkeeper coach
- Specialty Coach - Goalkeepers
- Westfield United Soccer Club, 5 years, Travel Team Head Coach

Coaching Certifications & Licenses

- USSF National B License
- NSCAA Advanced National Diploma
- NSCAA National Goalkeeper Diploma
- MIAA Coaching Principles
- Member of the National Soccer Coaches Association of America (NSCAA)
- Member of the United States Soccer Federation Coach's Net (USSF)
- Member of the PVIAC
- CPR and First Aid certification

Coaching Philosophy

- Integrity
- Guidance
- Development
- Leadership

Personal - Age 43

Married with three children

I was raised in West Springfield and I am a life long resident of Western Mass.

I have been a resident of Westfield for 11 years.

Professional & Relevent Experience

Elm Electrical, Inc. 68 Union Street, Westfield, 70 employees, 22 years employed.

- Vice President
- Chairman of the Corporate Safety Program
- Master Electrician in MA, CT, VT, and NH
- Member of the Westfield High School Career Center Advisory Board
- Member of the Westfield Vocational High School Electrical Advisory Board
- Member of the Westfield United Soccer Club Board of Directors
- Formerly Member of the Western Mass Junior Pioneers Board of Directors